



[www.ArtNinjaHQ.com](http://www.ArtNinjaHQ.com)

Art Ninja HQ at Queens Park Community Hub, South Park, Lincoln LN5 8EW

## COMMUNITY THROUGH CREATIVITY.

Art Ninja HQ - to inspire, motivate and connect communities through creativity.

Art Ninja HQ aims to create a haven bursting with creative inspiration, for adults and young people, to come and explore their creativity in a friendly, safe and accepting space. To learn new skills, enjoy companionship, relax and recharge.

Art Ninjas believe the world is better when creativity is used to provide positive support to mental and physical health, create collaboration and build community spirit. With a focus on creative upcycling and repurposing waste this provides an opportunity to promote planet positive behaviour.

Support groups will also use the studio space; a threads and textile lovers group 'Ninja Knitters' will meet to enjoy sharing their work and meeting like-minded creatives, all very relaxed and friendly.

A support group for people experiencing balance issues will be run as 'Out of Balance' to provide support, solidarity and understanding to people living with these diseases. Some of this group will be looking at creating art which can inform the public about life with this life-limiting conditions through an exhibition.

Above all else, Art Ninja HQ is driven by the needs of the community and this is the main priority, to provide the support that is required and to build community through creativity. Collaborating on community projects as a group is one way we can achieve this.

(A note from Mia)

**CREATIVITY!** Its at the core of everything positive we do!

I am so passionate about creativity and how it enriches our lives.

My personal pledge is to nurture and explore creativity in a friendly and non-judgmental environment so it can flourish and grow with no boundaries! We are going to experiment and take risks, try new ways of achieving things and if we dont like the result it doesnt matter because we have taken a step we haven't ever taken before!

At Art Ninja HQ we will explore all forms (from the wacky to the traditional!) of fine art, crafts and creativity using an open studio concept alongside structured classes. Working with a multitude of mediums and resources to inspire creativity. You will learn techniques and nurture talents, everyone will be encouraged and motivated to explore any ideas and methods they want to explore - no boundaries here! (but clearing up after yourself would be good!)

We dont have ability levels at art Ninja HQ, everyone is an artist of equal measure and can create meaningful beautiful art to be proud of.

Mia Monroe